



# 3<sup>rd</sup> ANNUAL WALK-A-THON

FOR

## MILITARY SUICIDE AWARENESS

Sunday, November 7, 2021



Presented by

American Gold Star Mothers  
of Indian River County, Inc.

Dear Sponsor,

American Gold Star Mothers of Indian River County, Inc. (AGSMIRC, Inc.) will be presenting the **3rd Annual Walk-A-Thon for Military/Veteran Suicide Awareness**. We are requesting your financial sponsorship and promotional support for this important event.

This year's 2.2 mile Walk-A-Thon will take place at Riverside Park, with the course passing through the beautiful Veterans Memorial Island Sanctuary. The event has grown to include a Veterans Resource Expo, Food Trucks, Music, Online Art Auction and More!

As a result of the 2020 Walk-A-Thon, the Next Generation Veterans of Indian River County, Dogs For Life, and Mental Health Association of Indian River County were able to answer the call for PTSD support for veterans and active military in Indian River County. Proceeds from the Walk-A-Thon provide funding for critically needed recovery and support programs for veterans, active service military and first responders struggling with PTSD. Examples of current program successes include:

- Weekly Veteran PTSD Recovery and Support meetings with a licensed mental health facilitator.
- Access to free one on one sessions with a licensed mental health facilitator as needed.
- Educational materials/books for veterans to learn more about PTSD and how it affects the brain.
- Coming in August 2021 – Female Veteran and First Responder Support Group to be facilitated by a female veteran licensed mental health facilitator.
- Coming soon Veteran PTSD Support and Recovery Meetings in Sebastian

**ONE Military/Veteran Suicide A Day Is A TRAGEDY. 22 A Day Is UNACCEPTABLE.**

We hope you will support the AGSMIRC, Inc. **3rd Annual Military/Veteran Walk-A-Thon for Suicide Awareness**. To register or for more information visit [www.ircgoldstarmoms.org](http://www.ircgoldstarmoms.org) or email Michelle Dale at [michdaleircgoldstarmoms@gmail.com](mailto:michdaleircgoldstarmoms@gmail.com). Thank you for your sponsorship!

Graciously,

Michelle Dale  
President

No sales or services were provided in exchange for this donation. A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll-free (800-435-7352) within the state. Registration does not imply endorsement, approval, or recommendation by the State. Registration #DTN3348471. American Gold Star Mothers of Indian River County, Inc. is a non-profit tax-exempt organization as described under Internal Revenue Code 501(c)3. Federal ID #85-0621175